



### The Level 2 Award in Control of Substances Hazardous to Health

**Overview:** 

(COSHH) provides essential knowledge on the safe handling, storage, and use of hazardous substances in the workplace. This course helps individuals understand the risks associated with chemicals, proper control measures, and legal responsibilities under the Control of Substances Hazardous to Health (COSHH) Regulations.

Who need this qualification?

- Employees & Workers: Handling or exposed to hazardous substances. • Supervisors & Managers: Ensuring workplace safety and compliance.
- Manufacturing & Laboratory Staff: Working with chemicals and hazardous materials.

Construction & Industrial Workers: Exposed to hazardous dust, fumes, vapors.

• HSE Officers & Safety Representatives: Implementing COSHH regulations.

- Cleaning & Maintenance Personnel: Handling cleaning agents and industrial chemicals.

  - The qualification is evaluated using assessments. To receive this qualification the learner must pass test with 70%.

# The Qualification has a recommended course duration of 1 Day

**Duration:** 

**Assessment:** 

Validity: This certification is valid for a life time





## Introduction to Manual Handling: Risks and importance of proper techniques. • Health Risks & Injuries: Musculoskeletal disorders and prevention.

- Manual Handling Legislation: Legal responsibilities under regulations. **Safe Lifting Techniques:** Best practices for lifting, pushing, and pulling loads.
- Ergonomics & Posture: Reducing strain and preventing injuries.
- Risk Assessment & Control Measures: Identifying hazards and implementing safety measures.
- Use of Lifting Aids & Equipment: Proper use of hoists, trolleys, and mechanical aids. Anyone Seeking Manual Handling Certification: For workplace compliance or career growth.

## Expert Led Training: Delivered by fire safety professionals with real world

response planning.

Why choose us?

experience.

Flexible Learning Options: Available in classroom, online, blended formats. Essential for Workplace Compliance: Helps businesses meet fire safety

Practical Learning Approach: Includes risk assessments and emergency

obligations. **Boosts Career Prospects:** Enhances credentials for fire safety related



